



Taurine

Supports cardiac and ocular function.

The amino acid taurine helps regulate an unusual number of physiological processes including heart rhythm, contractile function, blood pressure, platelet function, osmotic pressure, visual cell function, bile acid synthesis and cholesterol degradation, and detoxification of xenobiotics. Its ability to help modulate calcium levels in cells, stabilize membranes, and restore antioxidant enzymes account for many of these actions. Pure, crystalline taurine (500 mg) is supplied in vegetarian capsules.

Suggested Use: 1 to 3 capsules daily with food.

Supplement Facts

Serving Size 1 capsule

<u>Amount Per Capsule</u>	<u>% Daily Value</u>
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Taurine USP 500 mg	*
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* Daily value not established

Other Ingredients: Vegetarian capsule (hydroxypropyl methylcellulose, water), cellulose, and L-leucine.

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.