



SelenoPlex

Selenium in two important forms.

Selenium, an essential trace element important for antioxidant enzyme activity, is provided as a combination of selenomethionine, a bioavailable storage form and sodium selenate, a readily available active form. Each form offers distinctive benefits.

Suggested Use: 1 tablet daily with food.

Supplement Facts

Serving Size 1 Tablet

Amount Per Capsule

% Daily Value

Selenium

(50% as L-selenomethionine and
50% as sodium selenate) 200 mcg

286%

Other Ingredients: Cellulose, stearic acid, silicon dioxide, magnesium stearate, carboxymethylcellulose sodium, and cellulose coating.

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.