



Phosphatidyl Serine

Supports brain and nerve cell function.

This natural, lecithin-derived phospholipid helps maintain function of brain and nerve cell membranes and activates neurotransmitters involved in learning and memory functions. Each 500 mg softgel contains 100 mg of phosphatidylserine plus other naturally-occurring phospholipids.

Suggested Use: 1 to 2 softgels daily with food.

Supplement Facts

Serving Size 1 Softgel

Amount Per Capsule

% Daily Value

Phospholipid Complex (from soy lecithin)500 mg	*
Supplying approximately:	
Phosphatidylserine 100 mg	*
Phosphatidylcholine 25 mg	*
Phosphatidylethanolamine 2.5 mg	*

* Daily value not established

Other Ingredients: Gelatin, glycerin, polyglycitol syrup, and water.

Contains Soy.

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.