

360° MEDICINE MATRIX

The body operates as an interconnected web. 360° Medicine treatment plans heal beyond the quick fix.

Hormonal & Neurotransmitter Balance

Menopause, Anxiety, Depression, Insomnia

Testing

Urine Neurotransmitters
24 hour Urine Hormones
Adrenal Stress Index
Glucose/Insulin testing

Treating

Bio-Equivalent Hormones
Amino Acids
Sleep Herbs/nutrients
Phosphatidylserine
HCG

Gastrointestinal Function

Heartburn, Bloating, Diarrhea, Constipation

Testing

Stool Microbiology
Stool Digestive Analysis
Intestinal Permeability
Celiac Panel
Candida Ab/Immune Complexes

Treating

Whole Foods
Anti-candida diet
Antifungal Meds/Herbs
Probiotics/Enzymes
Glutamine/DGL

Optimize Oxygenation & Cellular Energy Production

Fatigue, Weakness, Diminished Senses

Testing

Glutathione level
Urine lipid peroxides
CoQ10 level
Urine/Salivary pH

Treating

Anti-Oxidants
Ozone Therapy
Mitochondrial Supports
ALA, CoQ10, L-Carnitine
NAC, Glutathione

Structural Balance

Injuries, Spasms, Fractures, Osteoporosis

Testing

DEXA Scan
Urine NTX
Vitamin D level
Body Composition

Treating

Calcium Apatite
Magnesium
Vitamin D
Exercise Program

Immune System Balance

Recurrent Infections, Allergies, Autoimmunity

Testing

IgG Allergy Testing
Foods, yeast, molds, chemicals
Interleukins/Cytokines
ANA/Rheumatoid Factor

Treating

Vitamin D3
Immunoglobulins
Beta Glucan

Detoxification & Biotransformation

Chemical Sensitivities, Liver Health

Testing

Provoked Urine Toxic Metals
Urine Porphyrins
Detoxication Challenge
Toxin Assessment

Treating

Elimination Diet
Medical Foods
Liver Support
Heavy Metal Detox
Chlorella, Selenium, NAC

Controlling Inflammation

Pain, Swelling, Redness

Testing

RBC Fatty Acids
C-Reactive Protein
ESR

Treating

Omega 3's (EPA/DHA/ALA)
Omega 6's (GLA)
Tumeric, Boswelia

Nutrient Repletion

Fatigue, Degenerative Conditions

Testing

RBC Nutrients
ION Panel
Urine Organic Acids

Treating

Organic Foods
Multivitamin/Mineral
Intravenous Nutrients

